



# 2026



# CULTURA DE AMERICA

**ORGANIZACION  
INTERNACIONAL  
DE AMBITO REGIONAL  
Y CONTINENTAL**

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# CPGA EN ACCION

# WELCOME CPGA

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La importancia de la cultura en América es inmensa y multifacética, influyendo en todos los aspectos de la vida social, política, económica y personal. América es un continente extremadamente diverso, con una rica amalgama de culturas indígenas, africanas, europeas, asiáticas y mestizas.

Esta diversidad se refleja en la variedad de lenguas, tradiciones, religiones, y formas de expresión artística que coexisten en la región. La diversidad cultural fomenta la creatividad y la innovación, ofreciendo múltiples perspectivas y soluciones a los problemas sociales.

La cultura es fundamental para la construcción de la identidad y el sentido de pertenencia de los individuos y las comunidades.

Desde el CPGA, creemos que la cultura es esencial para la educación y la transmisión de valores de generación en generación. La riqueza cultural alimenta la creatividad individual y colectiva, impulsando el desarrollo en múltiples campos.

En resumen, la cultura en América es una fuerza vital que influencia y enriquece la vida de sus habitantes de múltiples maneras. La preservación y promoción de esta diversidad cultural es fundamental para el desarrollo sostenible y el bienestar social del continente.

CRISTIAN PONCE DE LEÓN  
PRESIDENTE CPGA

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CULTURE



Las revistas científicas desempeñan un papel crucial en el avance del conocimiento y la innovación. Desde el CPGA se destacan varios puntos clave sobre su importancia:

- a) funcionan como plataformas de validación para la investigación.

- b) son fundamentales para la difusión del conocimiento

- c) Cada artículo publicado documenta un paso en el avance del conocimiento en el sector gastronómico, proporcionando una base sobre la cual se pueden construir futuras investigaciones

- d) estamos seguros que es crucial para el desarrollo profesional de los chefs de america.

INTERNATIONAL JOURNAL OF  
**GASTRONOMIC**  
AND CIENCE EDUCATION

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CATALINA ORTIZ  
DIRECTORA CPGA

# CULTURE

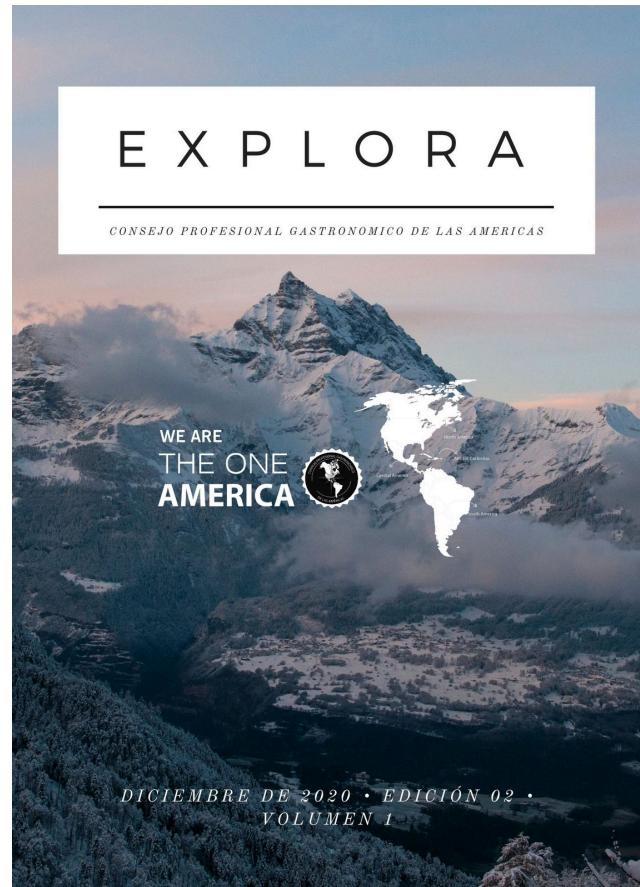
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# REVISTA EXPLORA

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# RADIO ON LINE

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# LIBROS CPGA

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EL MISTERIO DE LA VIDA  
NO ES UN PROBLEMA A  
RESOLVER SINO UNA  
REALIDAD A  
EXPERIMENTAR

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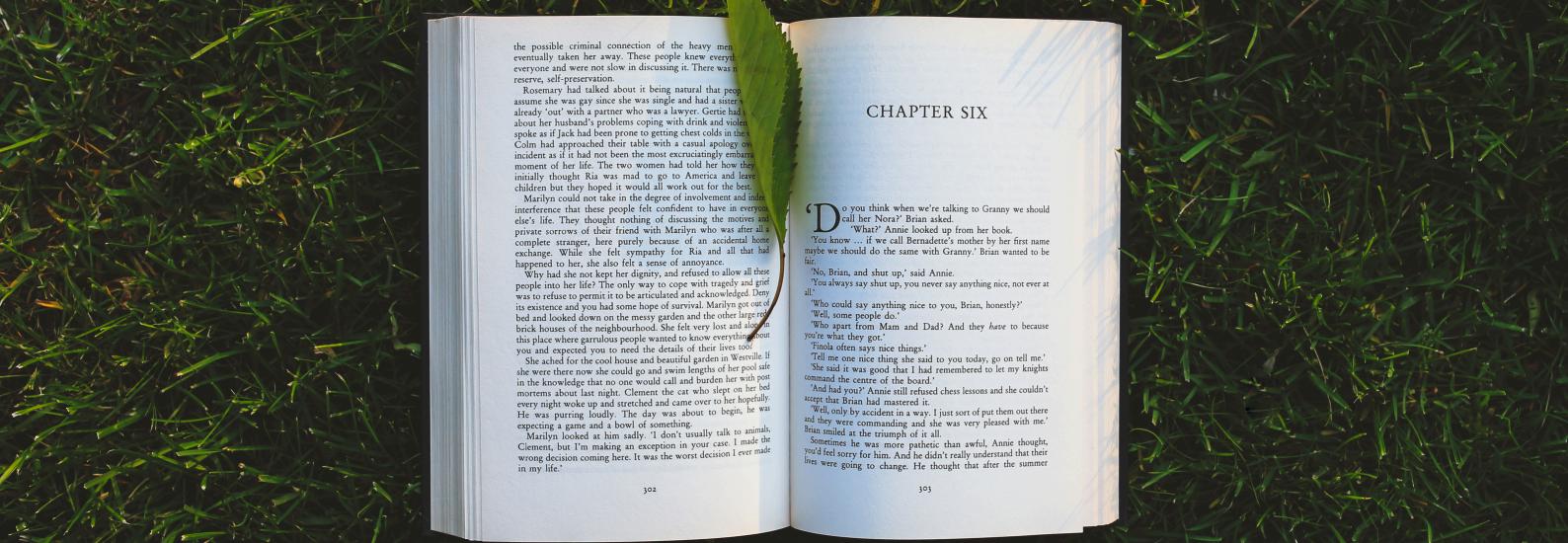
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# CULTURE

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**CP  
GA  
LIB  
ROS**

**LA COCINA  
DE LAS MADRES  
DEL MUNDO**

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**CONSEJO PROFESIONAL GASTRONOMICO DE LAS AMERICAS**

the possible criminal connection of the heavy man eventually taken her away. These people knew everything and were not slow in discussing it. There was no reserve, no self-preservation.

Rosemary had talked about it being natural that people assume she was gay since she was single and had a sister who also had been single for a long time. She had heard about her husband's problems coping with drink and violence spoke as if Jack had been prone to getting chest colds in the winter. Colm had approached their table with an apology over an incident and if it had not been the most extraordinary moment of her life. The two women had told her how they initially thought Ria was mad to go to America and leave children but they hoped it would all work out for the best.

Marilyn could understand that there were certain social interactions that these people felt confident to have in everyone else's life. They thought nothing of discussing the motives and private sorrows of their friend with Marilyn who was after all a complete stranger, here purely because of an accidental house exchange and a fallen pregnancy for Ria. Not all that had happened to her, she also felt a sense of acceptance.

Why had she not kept her dignity, and refused to allow all these people into her life? The only way to cope with tragedy and loss was to retreat to the safety of one's own home and mind. They were extremes but you had some hope of survival. Marilyn got out of bed and looked down on the messy garden and the other large red brick houses of the neighbourhood. She felt very lost and alone in this place where garrulous people wanted to talk about everything about you and expect to hear the details of their lives without you.

She went to the cool house and her beautiful garden in Waverville. If she were there now she could go and swim lengths of her pool safe in the knowledge that no one would call and burden her with more mortems about last night. Clementine sat with her on her bed every night, holding her hand, speaking to her hopefully. He was purring loudly. The day was about to begin, he was expecting a game and a bowl of something.

Marilyn looked at him sadly. 'I don't usually talk to animals, Clement, but I'm making an exception in your case. I made the wrong decision coming here. It was the worst decision I ever made in my life.'

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'Do you think when we're talking to Granny we should call her Nora?' Brian asked.

'What?' Annie looked up from her book.  
'You know ... if we call Bernadette's mother by her first name maybe we should do the same with Granny.' Brian wanted to be fair.

'No, Brian, and shut up,' said Annie.

'You always say shut up, you never say anything nice, not ever at all.'

'Who could say anything nice to you, Brian, honestly?'

'Who apart from Mama and Dad? And they have to because you're what they got.'

'Final offer, nice things.'

'Tell me one nice thing she said to you today, go on tell me.'

'She said it was good that I had remembered to let my knights come from the centre of the board.'

'And had you remembered chess lessons and she couldn't accept that Brian had mastered it.'

'Well, only by accident in a way. I just sort of put them out there and they were commanding and she was very pleased with me.'

'Brian had the triumph of it all.'

'Sometimes the most terrible things are awful,' Annie thought, 'you'd feel sorry for him. And he didn't really understand that their lives were going to change.' He thought that after the summer

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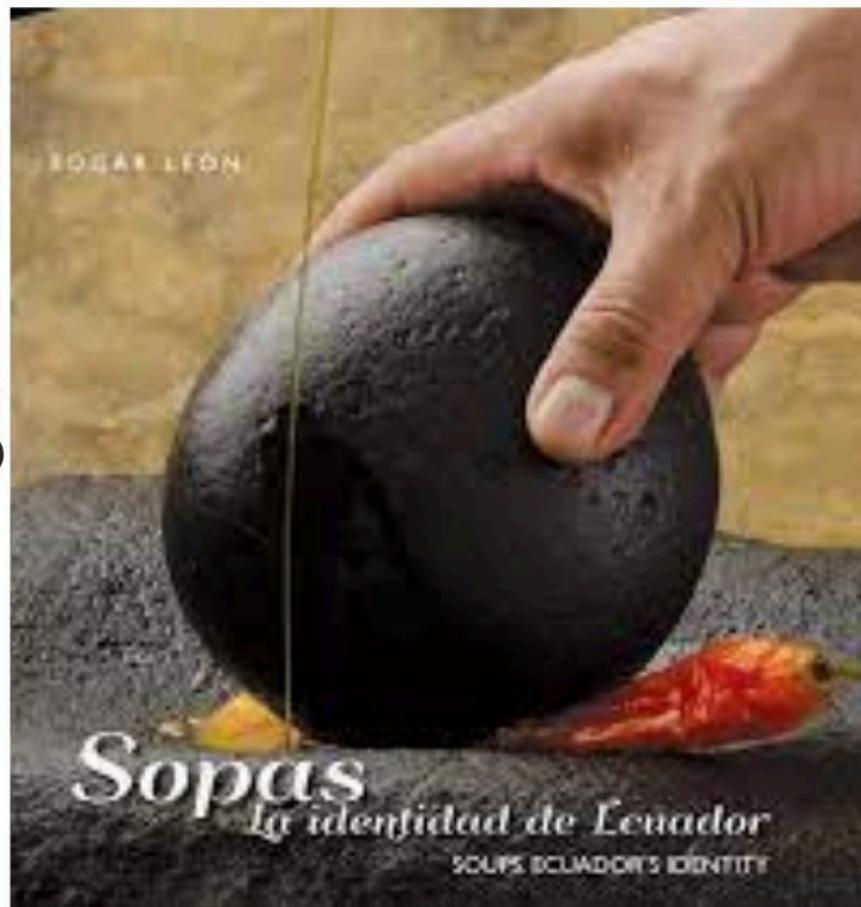
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**EMPRENDER**

**POST PANDEMIA**

EXCLUSIVE  
EDITION

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COMPRALO  
YA

A barcode is located at the bottom left of the book cover.

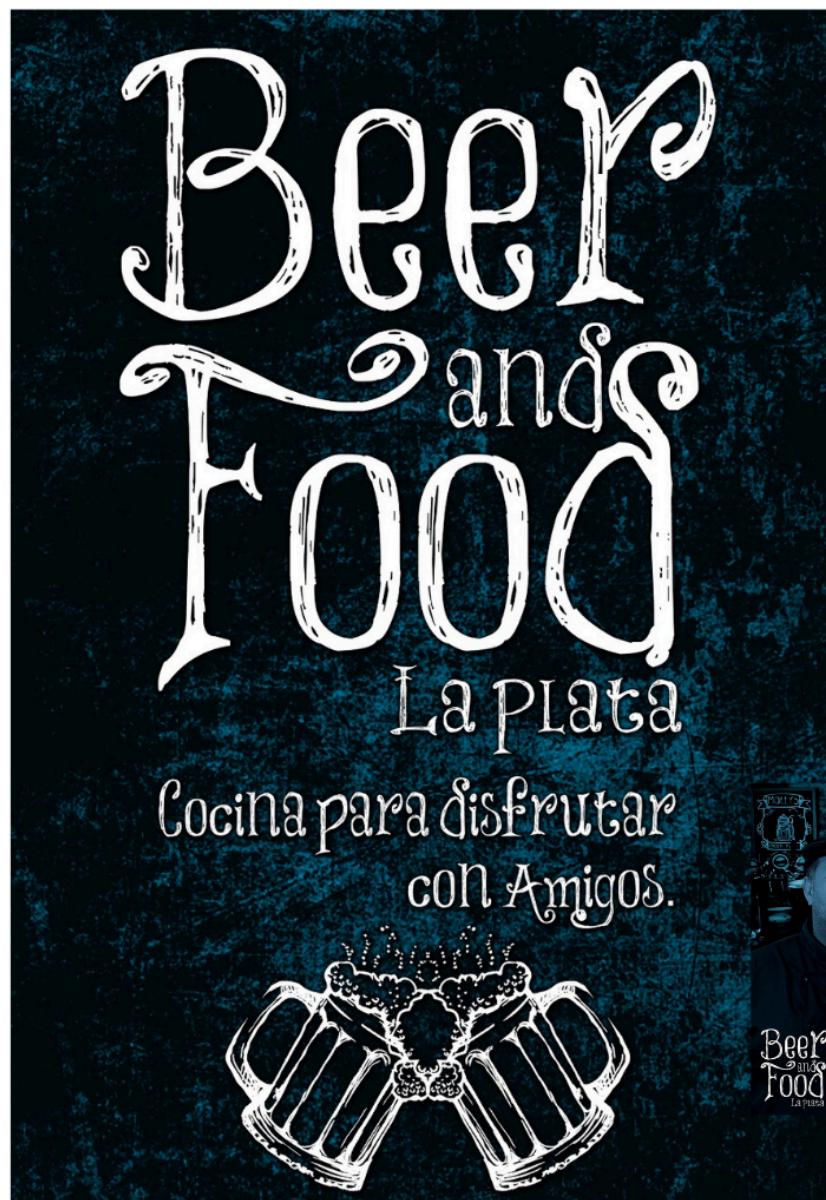
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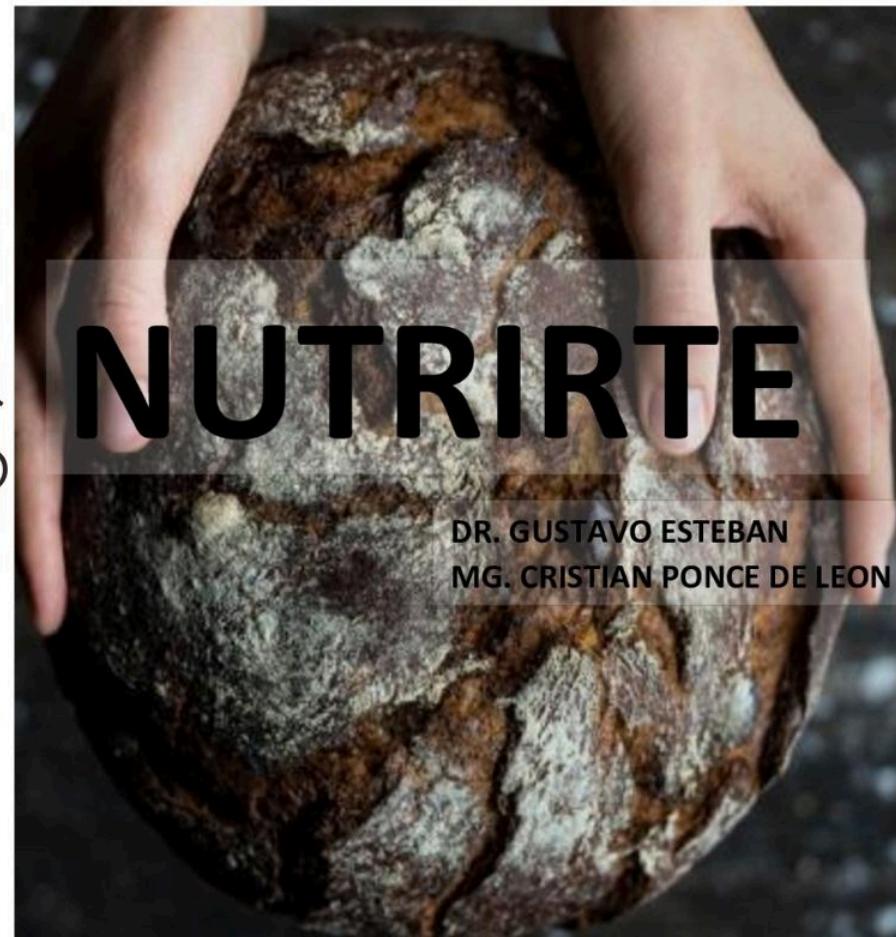
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# PROGRAMAS CPGA

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COMISION DE CULTURA  
CPGA

DIGESTO DEL  
PATRIMONIO  
HISTORICO  
CULTURAL DE  
AMERICA

CAFE VIRTUAL

OCT. 26, 2021 • 8PM



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CPGA EN ACCION

## CAMPAÑA CONTRA LA OBESIDAD EN AMERICA

DIA MUNDIAL DE LA OBESIDAD

04  
DE MARZO

Recetario Gratuito de Alimentación y Actividades fisicas

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## GUIA CPGA

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# EL INNOVA DERO

*“quien se transforma es capaz de transformar el mundo”*



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**HEROES OF THE FUTURE**  
*Todos somos héroes*

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# PROGRAMAS CPGA REUTILIZACION CPGA

**DIA INTERNACIONAL DE CONCIENTIZACION SOBRE PERDIDAS Y DESPERDICIOS DE ALIMENTOS**

CONSEJO PROFESIONAL GASTRONOMICO DE LAS AMERICAS

29 DE SEPTIEMBRE  
#SINDESPERDICIO

"Todos podemos contribuir al desarrollo sostenible a la reducción del hambre y al PDA"  
SUMATE A LAS ACCIONES DEL CPGA



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**CPGA  
DECALOGO PARA LA REDUCCION DEL DESPERDICIO DE ALIMENTOS**

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1. Organización: un truco para organizar los alimentos en tu despensa o nunca es colocar en primer lugar aquellos productos que caducan antes. El orden ayuda a combatir el despilfarro.
2. Congelador: seguro que muchos de los alimentos que estás almacenando tienen una caducidad muy corta. Congéllalos y así evitarás que se pongan en mal estado. Hacerlo en bolsas transparentes reutilizables te ayudará a ser más respetuoso con el planeta y a saber lo que guardas en el congelador.
3. Ten en cuenta tu presupuesto. Compra solo lo que necesites. Tirar comida es tirar dinero.

**¡VAMOS A ESTAR SEGUROS CADA DIA!**

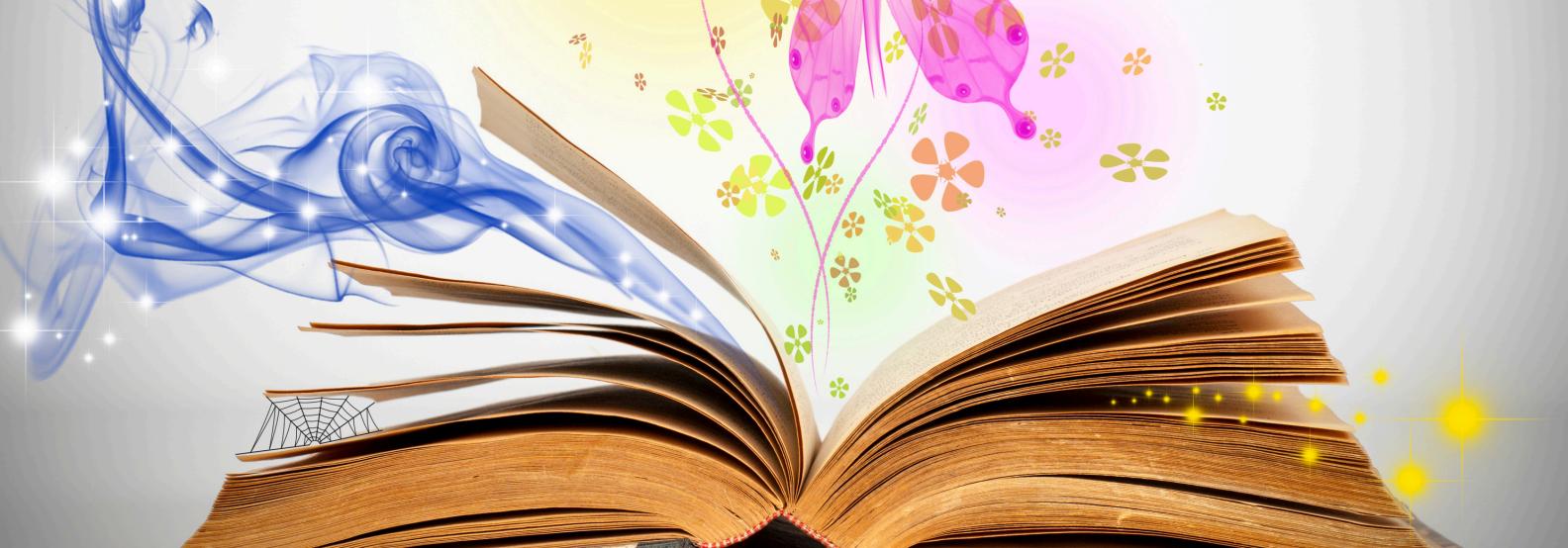
OBJETIVOS DE DESARROLLO SOSTENIBLE



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**PROGRAMA  
IMPULSAR EL  
OFICIO  
GASTRONOMICO  
EN AREAS  
SOCIALES Y  
VULNERABLES.**

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DE LAS AMERICAS

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YOUNG WOMEN on RISE  
COMISION DE LA MUJER  
CONSEJO PROFESIONAL GASTRONOMICO DE AMERICAS

OBJETIVOS DE DESARROLLO SOSTENIBLE

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PATRIMONIO AGRICOLA  
PASTORES Y PASTOREO RURAL



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